

# Beach Safety Day

Altona College Term 1 2023

Alpine School Campus

Our vision is to host a beach safety day for the year nines, teaching them about beach safety.



## Team Introduction

Our team consists of Izak, Findlay, Zoe, Aimee, Zelda, Jarrah, and Kai; together we make up the group from Altona College. Altona College is a relatively small school for the city, holding about 700 kids from 7-12. Our school lies in Altona, known for its beach and its proximity to the city. Altona has a population of just over 13,500 people and loads of different wildlife and habitats. We as a group would like to gain skills in collaboration, as well as confidence.

We as a group are constantly striving to achieve our schools' values, which are as follows:

- Innovation
- Integrity
- Respect

As well as values, our school also has a mission statement:

- Altona College's mission is to ensure that every child is known, valued, and connected to their learning pathway.



## Project Overview

Our project idea came about when we were brainstorming things that were special about Altona and some things that could do with a bit of improvement. One of the special things about our town is the beach, and we have noticed that it is a very popular place to go but not everyone is always safe there or aware of the dangers present at the beach. We have also realized that there often is a lot of litter at the beach and the harm this can cause to local wildlife and the environment. The project will be able to benefit the whole community by creating a safer and cleaner environment at the beach for everyone and specifically the year 9s at Altona College as they will become more educated about the beach.

Our vision is for a community where we can create a safer environment at Altona beach for year 9 students by raising awareness of the risks that can occur and understanding how to keep safe at the beach. Also educating them on the importance and our responsibility of keeping our beach clean by hosting an educational and entertaining day at the beach.

Our project will entail an educational day out at the beach with the whole year 9 cohort. We will split the cohort in half, having half attend an approximately 2-hour safety lesson with Altona Surf Life Saving Club in the morning, to educate them on things such as rips, CPR and other vital information we can use to help us survive in case of any unfortunate situations. The other half will involve partaking in some community service, cleaning up along the shores of our beloved beach and the surrounding areas.

## Action plan

Objectives for the rest of our time at the SSL:

- Contact Beach Patrol and the Altona Lifesaving Club and inquire about a workshop they could do with the year 9 students teaching us about how to stay safe at the beach and help us do a clean-up on the beach.

Objectives for when we return to Altona College:

- Organize dates and times for the days we will take students to the beach after conferring with our liaison teacher.
- Organize two different sausage sizzles to raise money to donate to Beach Patrol and the Altona Surf Lifesaving club.
- Figure out logistics and fine details for the day
- Write 'Thank You' cards for the Altona Lifesaving Club and Beach Patrol and donate the money we raised to them.
- Update The Alpine School on our progress and thank them.

Our progress:

In the past five weeks, we have been having lots of fun getting out there and being really immersed in the program. In terms of our CLP, we have so far emailed many different people and organizations for services and funding, but so far no responses have been received. Once we get some responses, we can start fully shaping out dates and times for all the different activities that we have planned out for the day/days.

"Beaches in Melbourne's west, which includes Williamstown and Altona beaches, have recorded 29 drowning deaths from 2010-11 to 2019-20. The likelihood of one or more drowning deaths in any given year is 97 per cent, and the likelihood of one or more residents drowning is 99 per cent, the report revealed." - [star weekly](#)

## Resources

Our day will be held at the beach, no facilities are required. The students might want to buy school lunch from local businesses and will be assisted by us and under our duty of care. If they decide so, the students will bring a packed lunch or snacks to eat instead of the local businesses.

We are going to see if we can get the surf club to come and do it for free and the do some fundraising to donate back to the surf club